

| Action Plan 2017-18 |                                  |  |  |         |                             |     |
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| Area                | Transformation Priority          | Objective  | Any update   | Lead    | Timescale                   | RAG |
| 1                   | Expanding Minds, Improving Lives | Implementation of new whole system approach: Getting Help inc single point of access and Getting More Help services  |  | CCG     | Dec 2017 – Sept 2018        |     |
|                     |                                  | Incorporate multi-media access for SPOA  |  | NTW     | April 2018                  |     |
|                     |                                  | Evaluation phase by phase of Getting Help inc single point of access and Getting More Help services                  | Establish evaluation scope with NTW Feb 18                         | CCG/NTW | January 2018 – October 2018 |     |
|                     |                                  | Incorporate peer support into new model spec   | All secondary schools developed peer support model.                | CCG     | April 2018                  |     |
|                     |                                  | Include priority assessments for vulnerable groups into spec including LAC   | In new spec  | CCG     | March 2018                  |     |
|                     |                                  | Ensure all requirements are captured within the financial plan.  | Agreement by February 18 – link to NHSE Planning Guidance and MHIS | CCG     | April 2018                  |     |
|                     |                                  | Develop performance framework and incorporate recommendations from Childrens Commissioner Childrens Mental Health in | Draft shared with NTW and STFT to be agreed March 18               | CCG     | April 2018                  |     |

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|  |  | England indicators (Oct 2017), KPI's and agreed outcome measures  |  |              |                |  |
|  |  | Review demand and waiting times for CAMHS service   | February 2018                            | CCG/NTW/STFT | February 2018  |  |
|  |  | To review activity/demand on VCS services   | To include in performance framework      | CCG          | February 2018  |  |
|  |  | Review full pathways which specifically include pathways relating to: <ul style="list-style-type: none"> <li>• services within VCS</li> <li>• inpatient CHYP MHS pathway including specialised commissioning</li> <li>• mental health and behavioural support for CHYP in contact with the Justice System perpetrators and / or victims of crime, including sexual assault and those in the welfare system and on the edge of care.</li> <li>• those requiring</li> </ul> | Will review at development day mid March | CCG          | Jan – May 2018 |  |

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|  |  | bereavement support including support after suicide.   |   |  |                |  |
|  |  | Adopt better use of technology within CAMHS services Increase the use of texts, emails and skype etc for appts. This work should be informed by CHYP and Families. | Young Commissioners have been asked to deliver this within their commission until March 18 – NTW to incorporate   | NTW/CCG  | September 2018 |  |
|  |  | Develop support pathways for children and young people and for parents/carers who have alcohol problems  | To invite Platform/Evolve to development day  | Gateshead Council<br>Newcastle City Council        | Sept 2018      |  |
|  |  | CHYP supported to develop mental health and wellbeing APP promoting self care.<br><br>Explore any development of apps for schools with Young Commissioners         | Many Apps in existence, review from CHYP to establish if another still required and/or which Apps we promote/support for NG.<br><br>Part of school exclusions action plan | CCG<br>Gateshead Council<br>Newcastle City Council | July 2018      |  |
|  |  | All schools, colleges, primary   |   | Gateshead  | Sept 2018      |  |

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|   |                                   | care will have a named lead on mental health  |  | Council<br>Newcastle City Council |                         |  |
| 2 | <b>Workforce Development Plan</b> | Develop a comprehensive workforce strategy based on training needs assessment of wider children and young peoples workforce; staffing data (wte, discipline, skill set) and financial information.      | NTW/STFT underway with workforce group. This will include VCS and IAPT workforce | NTW with All partners support     | April 2018              |  |
|   |                                   | Implementation of workforce development strategy  |  | All                               | April 2018 – March 2019 |  |
| 3 | <b>Eating Disorders</b>           | Demonstrate improvements to early intervention and avoidable hospital admissions, implement regional approach.  | To link MST work with LA developments  | CCG<br>NTW                        | Dec 2018                |  |
|   |                                   | Build capacity within community mental health services to deliver evidence based eating disorder treatment - Specialist Community Eating Disorder Team to have opportunity to access the multi-systemic |  | NTW                               | Sept 2018               |  |

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|   |          | family therapy, linked to Children and Young People IAPT  |  |     |            |  |
|   |          | A performance framework will be developed to include measurement and monitoring of 1 week urgent referrals and 4 week routine referrals.                                      | ED performance is included in draft perf framework   | CCG | April 2018 |  |
| 4 | CYP IAPT | Continue implementation of improvement plan ensuring providers have the skills and capacity to work with children and young people including those with Learning Disabilities | NHSE contract until December. To link workforce development plan and WD network between Newcastle and Gateshead. | CCG | July 2018  |  |
|   |          | Review training priorities and target workforce - training opportunities for under 5's and LD and Autism  | Deliver quarterly sessions with IAPT partners and CHYP MH workforce as CPD network                               | CCG | Dec 2018   |  |
|   |          | Undertake scoping re extension of the current CYP IAPT programme to train staff to meet the needs of  |  | CCG | Sept 2018  |  |

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|   |  | children and young people who are not supported by the existing programme  |   |                        |            |  |
| 5 | <b>Early Intervention and Prevention</b> | Implement Getting Help which includes greater emphasis on prevention and early intervention.   | Specifications agreed                         | CCG                    | April 2018 |  |
|   |  | Deliver early intervention and prevention through the health visitor, family nurse partnership and school nurse new specification and contract (Gateshead) | In service spec contract start date July 2018 | Gateshead Council      | July 2018  |  |
|   |  | Pilot mindfulness in Gateshead schools x3 (Gateshead)  | Staff training commenced                      | Gateshead Council      | June 2018  |  |
|   |  | Incorporate mental health and wellbeing in schools via 0-19 contract (Gateshead)   | In service spec contract start date July 2018 | Gateshead Council      | July 2018  |  |
|   |  | Promote CYP mental health and wellbeing opportunities via early help social care model (Gateshead)   | Service changes underway                      | Gateshead Council      | April 2018 |  |
|   |  | Early help Newcastle   | Update required from Newcastle City Council   | Newcastle City Council |            |  |
|   |  | Submit DfE bid for mental health in schools programme  | Workshops commence March                      | CCG Gateshead          | June 2018  |  |

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|   |   | for Gateshead and Newcastle   | 2018 with AFF. 43 schools in Gateshead and 20 schools in Newcastle  | Council Newcastle City Council           |               |  |
| 6 | <b>The Right Coordinated Response to Crisis</b> | Continue to implement interim improvement plan developing options for early intervention crisis response based on a 24/7 model of care and provided in their local communities ensuring care is provided as close to home as possible or within their own homes.<br>Develop the model for intensive home treatment for children and young people with complex needs.<br>Develop of a multi-agency crisis care pathway | Workshop planned Feb 20 <sup>th</sup> . Need to review the offer for residents outside Newcastle and Gateshead. | CCG                                      | December 2018 |  |
| 7 | <b>Reducing Inequalities</b>                    | Monitor new arrangements and continue improvement activities  | Refresh joint strategic needs assessment CYP mental health and wellbeing to inform future commissioning         | Gateshead Council Newcastle City Council | December 2018 |  |
|   |   | Promote education and   | Employment in   | Gateshead                                | April 2018    |  |

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|  |  | <p>employment opportunities for care leavers</p> <p>Newcastle<br/>In addition to a range of other activities learning and employment is the focus of:</p> <ul style="list-style-type: none"> <li>• A dedicated Connexions worker attached to the Post-16 social work team</li> <li>• A Generation NE adviser attached to the Post-16 team two days per week</li> <li>• New learning/employment opportunities circulated on an ongoing basis to a wide range of specialists including care homes</li> <li>• Council pre-apprenticeships organised to</li> </ul> | <p>Gateshead group working on this, also supported housing is out to the market with emotional wellbeing support. To link to Skint service who can also support</p> <p>Maintaining and developing learning and employment opportunities for care leavers is overseen and collaborative approaches instigated via the MALAP and Corporate Parenting Advisory Groups</p> | <p>Council<br/>Newcastle City Council</p> |  |  |
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|   |                              | target vulnerable young people, including care leavers<br>• LAC/Care leavers<br>offered guaranteed interviews for any Council apprenticeships   |  |  |                                      |  |
| 8 | <b>Learning Disabilities</b> | Monitor and review new arrangements. Understand local impact of the LD transformation programme ensure services are responsive to individual needs and are able to wrap round those YP with complex needs to prevent placement breakdown. | Workshop planned 30-31 <sup>st</sup> Jan.<br>Pathways reviewed and support offered from LA's into NTW<br>Welcome sessions for Early Help. LW coordinating.<br><br>LD, Autism and ADHD are to be incorporated into Getting Help and Getting More Help | CCG<br><br>Gateshead Council<br>Newcastle City Council | Dec 2018<br><br>April 2018           |  |
| 9 | <b>Autism</b>                | Scope local need and service development to deliver assessment and treatment compliant with national and local standards for children and young people with learning disability, autistic spectrum disorder, attention deficit and        | Needs assessment done in Gateshead, JY developing the strategy.<br>Spec needs to link to schools.<br><br>Strengthen  | Gateshead LA   | December 2018<br><br><br>Spring 2019 |  |

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|    |                                | hyperactivity disorder, to improve access and multi-agency intervention  | mainstream school/setting offer for supporting CYP with communication and interaction needs (autism/SLCN) through development of a specialist teacher team.<br><br>Develop post diagnostic support offer for parents of CYP with autism to include parent training programme.<br><br>NTW service clear from workshop see update in action 8 | Gateshead LA<br><br>NTW | Spring 2019 |  |
| 10 | <b>Perinatal Mental Health</b> | Review the pending Perinatal Care National Guidance when published and the better births recommendations<br><br>Review impact of perinatal | NHSE funding ends March 2019.   | CCG/NTW                 | Dec 2018    |  |

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|    |             | <p>maternal mental health pathways on primary care and specialist services to establish potential need for a community perinatal mental health service</p> <p>Implement a service model to include support for both parents which is equitable place based.</p> <p>Ensure local birthing units have access to a specialist perinatal mental health clinician.</p> |   |     |                |  |
| 11 | Transitions | <p>Implement best practice in regard to transition from children's mental health services to adult mental health services within the new service model.</p> <p>Improve support to children and young people in transitions years, particularly between services for pre and post-16yr olds, Primary secondary, Secondary- +16, CAMHSAMHS, Care leavers</p>        | <p>Each child to part of performance framework = 95% will have a transitions plan.</p> <p>VCS age range 13-25.</p> <p>National guidance due out soon.</p> | CCG | September 2018 |  |

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|    |                              | <p>Undertake CHIMAT transitions tool with CAMHS service and with social care (children's and adults' services)</p> <p>Use outcomes of tool to develop clear pathway of support between services for children and young people and those for adults</p> <p>Review whether work is needed to improve pathways between preschool years and school</p> |   |     |              |  |
| 12 | <b>Specialist In-Patient</b> | <p>Implementation and monitoring of programme to ensure children and young people in need of specialist in patient care are able to access services timely and near to home as possible.</p> <p>Explore opportunities to increase</p>  | Development day to be planned for June 2018 | NTW | October 2018 |  |

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|    |  | outreach work through utilisation of children's centres and general practice.   |   |         |               |  |
| 13 | <b>Sexual Abuse and/or exploited</b>         | <p>Ensure those who have been sexually abused and/or exploited receive comprehensive assessment and referral to appropriate evidence based services</p> <p>Develop and implement comprehensive assessment and provide care plan which is owned by young person which includes access to appropriate evidence based services with a Lead Professional supporting throughout.</p> | <p>Barnardo's service to be extended by CCG – Mosaic project.</p> <p>Streetwise are funded by PCC to deliver interventions for victims.</p> | CCG     | July 2018     |  |
| 14 | <b>Early Intervention in Psychosis (EIP)</b> | Improve the quality element of the EIP standard by providing Cognitive Behavioural Therapy for psychosis, Family Interventions and Individual Placement Support to all service users. Development of staff to provide further evidence based interventions is required to improve NICE concordance.   | To invite Guy Dodgson to discuss and update the group at the June meeting.  | NTW/CCG | December 2018 |  |

